

**Canby Adult Center  
Annual Program Report  
July 2014 – June 2015**



*Dedicated to keeping seniors  
Safe, healthy and independent*

*Prepared for Annual Meeting, September 9 2015*

## History

The Canby Adult Center has been serving area seniors for over 40 years. A group of women began serving meals to seniors in the basement of St. Patrick's Church in the early 1970s with the support of the Canby Kiwanis Club. In the early 1980s, the Adult Center together with the City of Canby received a block grant to construct its own building, which still houses the Center today. In 1987 the Friends of Canby Adult Center was incorporated as an independent entity.

## Board of Directors

Officially representing the Friends of Canby Adult Center, the Board consists of nine people who meet monthly and are responsible for:

- fiscal management,
- fundraising,
- making policy, and
- supervising the center director.

The Friends general membership meets annually in September to elect three new directors who serve a three-year term (two-term limit).

## Membership

Individual membership costs \$15/year, \$25/year for a couple. Only Members are entitled to vote for Board members. Members receive a monthly newsletter, get discounts on building rental, have their name and birthday listed in the newsletter, and support the work of the Canby Adult Center.

## Volunteers

Volunteers are an essential part of every program and activity, giving well over 1,000 hours of service each month. Volunteers double the size of the Center's workforce; we couldn't do what we do without them.

## Programs

The Canby Adult Center prepares meals onsite, and serves them to seniors at the center or in their homes. We offer blood pressure checks, foot care, facials, haircuts and legal assistance. Our activities include bingo, pinochle, ping pong, pool, movies, and group sewing. The center offers a variety of exercise classes including Sit and Be Fit, senior aerobics, tai chi

and line dancing. We have computers and a library available for individual use. We offer daily transportation to and from the center on the days that meals are served. Finally, we organize day and evening trips to local areas of interest, special events and dining out.

## Funding

Clackamas County Area Agency on Aging (AAA) contracts with the Canby Adult Center for services for seniors age 60 and older which include: meals, client services, transportation, wellness activities and education. OAA funds cover only about 25% of costs; the Adult Center relies on a variety of other resources, including membership fees, fundraisers, the Annual Appeal, donations, rentals and endowment income to fund its activities.

## Rentals

The Center is available for rental outside of business hours, and is often used for birthday parties, anniversary celebrations, reunions and meetings. Businesses, government entities, community recreation and worship groups rent the Center. Rental rates are scaled according to the group and time/day of the rental.

## Newsletter

The monthly newsletter is mailed to 600+ members and friends of the Center. It lists CAC and area activities, Board news and menus, provides education and announces upcoming events, both at the Center and around the Canby area. Our newsletter and other information about upcoming events can also be found on our website: [www.canbyadultcenter.org](http://www.canbyadultcenter.org).

## Investments

In 2004, the Canby Adult Center was fortunate enough to receive a \$4.2 million gift from Robert and Helen Glasgow. Board guidance recommends an average annual 4% draw on current value of those funds to help cover operating expenses. The investment fund is managed by an external financial advisor, guided by an investment committee and a Board-approved policy. The Adult Center hopes to grow the investment fund responsibly to ensure that we continue to be well placed to meet the future needs of seniors, and to expand our services as needed.

Dear Friends,

Greetings from everyone at the Canby Adult Center,

Hard to believe, that we're already looking at another Board election and are about to bring on three new volunteer members – so happy that people in Canby and at the Center continue to be so willing to serve.

I try to highlight major events of the past year in this brief report – its very difficult to summarize a year's worth of activities, services, change and FUN in this brief space, but I'll give it my best shot!

After a relatively quiet month of July, August brings the County Fair and Grandparents Day. We ran a fair shuttle on Senior Day, as always, and organized a special Cowboy Day at lunch in honor of the week. Later in the month, we invited everyone to bring in their grandkids, neighbor kids or any young person along to lunch for a special program with clowns, balloons and treats. We welcomed over 25 children to the Center, so it was a fun day!

Fall brought annual Medicare open enrollment season and a host of Medicare supplement providers to the Center to educate people about their respective programs. Our semi-annual Share a Meal campaign fell in October. Twice a year we invite Canby's business community to purchase lunch from us. We offer a choice of two menus, and deliver the meals straight to their place of business. This event, also held in March, raises funds and educates the community about the services we offer. Some 35 businesses participated in the October event, which raised over \$2000 for the Center. Finally, the last week of October brought a full week of ghouls and goblins as we celebrated Halloween, ending with a hotly-contested costume competition.

November and December saw the Center in full holiday swing. Our Thanksgiving lunch, served the Friday before Thanksgiving, is the best-attended meal of the year and the only traditional meal that some of our clients had over the holiday week. In early December, we hosted our Holiday Bazaar, bringing together over 30 vendors to sell their crafts. We also invited all of our volunteers to a lunch in their honor. And somewhere in there, our wonderful volunteers managed to put together a 5000 piece Annual Appeal mailing that raised over \$40,000 for Center programs.

January was a relatively quiet month, although we tried to brighten the Center up a bit with a midwinter luau. In February, we hosted a mobile dental clinic from International Medical Teams. Roughly ten local seniors on a limited income received urgent dental care. Late February saw the annual Iwo Jima breakfast, organized by the VFW – always a memorable event. March brought our second semi-annual Share a Meal fundraiser and preparations for the Spring Bazaar and plant sale, held in late April. As always, the local nursery community really came through with some wonderful plant donations.

In May we recognized all mothers with a special lunch just before Mother's Day. We also undertook a complete rehaul of our computer lab, thanks to generous donations from the Canby Rotary Club and a private individual. The lab is now equipped with two brand new workstations as well as custom-made cupboards, allowing us to store our seasonal decorations and Meals on Wheels materials safely.

The year ended up with two special lunches in the month of June: One for Father's Day and the other for couples celebrating 50 years of marriage or more – our Golden Anniversary lunch- attended by close to 20 special couples, as well as our regular lunchtime diners. All of these events and activities happened as the Center continued to provide meals, medical equipment, recreation, transportation and a variety of other services on an ongoing basis.

Sadly, we said goodbye to kitchen employee Charlie Leibrand, who left us in the month of June for a well-deserved retirement, after almost 10 years of service to the Center. We will miss you, Charlie, but welcome Mylee Barnett who joined the team as Kitchen Utility. We also brought Jeanne Vodka in to work one day a week as Meals on Wheels coordinator, allowing Lynne Bonnell to focus more exclusively on providing stellar transportation services to the community.

The Canby Adult Center thanks all of the businesses and individuals who have supported us in the last year. Check your newsletter for a detailed listing of all of our donors.

Finally, our volunteers are the backbone of the Canby Adult Center – we couldn't do what we do without them.

Thank you for your support – see you at the Center!  
Kathy Robinson, Director Canby Adult Center

