

Board of Directors

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Staff

Kathy Robinson, Director
Timpra McKenzie, Support Services Coordinator
Wendy May, Client Services Coordinator
Bev Vandecoevering, Meals on Wheels Coordinator
Jeanne Vodka, Meals on Wheels Coordinator II
Lynne Bonnell, Travel Coordinator
Hurley Baird, Food Services Manager
Audrey Barnett, Assistant Food Services Manager
Karen Krettler, Assistant Cook
June Nice, Assistant Cook, Monitor, Custodian
Beth Millican, Kitchen Utility
Ralene Tennis, Kitchen Utility
Scott Goetchius, Transportation
Wade Porter, Transportation
Dennis Hardy, Transportation
Carol Clark, Assistant Cook, Monitor, Custodian
Howard Brooks, Custodian

Thank you for your support!

Canby Adult Center Annual Program Report July 2018 - 2019



***Creating a community that embraces
the opportunities and challenges of
older adulthood.***

Prepared for Annual Meeting, September 11 2019

2018 - 2019 Highlights

The CAC team continues to make progress on the strategic objectives laid out in our 2017 plan, as follows:

Keep pace with changing older adult needs

CAC continues to expand exercise and wellness offerings that are evidence-based, while maintaining the very popular existing line dancing class. In 2018-2019, staff continued with Walk with Ease and added a periodic Matter of Balance class as well as a year-long Diabetes Prevention class. Clackamas County staff also offered the Living Well with Chronic Conditions series.

We regularly offered more active recreational trips to include exploring and walking outdoors when weather permitted, and tried out a variety of new dining experiences. Finally, the nutrition team continues to offer a lighter meal for lunch once a week, to accommodate those who prefer to eat less at lunchtime.

Raise our profile in the community

CAC now has a professionally developed, updated brochure to accompany the new website. Center activities are regularly posted to Facebook and shared in the Canby Herald. Finally, CAC is working to raise public awareness of its activities and the older adult population more generally through staff participation in the Canby Chamber of Commerce's Diversity and Inclusion committee.

Upgrade the physical facility to accommodate changing older adult interests

New chairs were ordered and received for the dining room; chairs in the TV and lounge area were replaced, and new, space-saving tables were purchased for the small meeting room allowing for more agility in use of that space.

Grow and diversify sources of CAC support

CAC's funding base is stable and reliable. 2018-2019 saw several temporary rate increases for Older Americans Act (OAA) funding, allowing CAC to reduce its draw on investment funds for the fiscal year.

CAC also benefited from two bequests during 2018-2019, and received notification of pending bequests from at least two additional estates, still to be settled. Finally, the Annual Appeal outperformed expectations for yet another year.

A special note of thanks to the many volunteers who work tirelessly in the kitchen, at the front desk, in the classroom, on the road and elsewhere – we couldn't do what we do without them.

CENTER STATISTICS

	<u>'17 - '18</u>	<u>'18 - '19</u>
Meals served to 60+ at Center	13,117	13,736
Meals on Wheels delivered	26,964	26,649
Average donation, congregate	\$1.86	1.78
Home-delivered meals	\$1.20	1.21
Volunteer hours	12,240	12,644
Client information and referrals	1,273	1,280
Client assessments (hours)	129	104
Dining room meals donations	24,459	24,263
MOW donations	32,475	32,206

Profit/Loss Statement (subject to audit adjustments)

Income:

Clackamas County	\$152,961	216,505
Donations	82,483	93,953
Fundraising	80,583	81,925
Medicaid	40,535	48,177
Misc	1,343	6,305
Total:	<u>\$358,265</u>	<u>446,865</u>

Expense:

Administration	\$52,229	58,437
Building	53,507	48,409
Fundraising	14,346	14,310
Programs	123,349	128,228
Staffing	431,481	443,501
Designated funds	676	5,186
Total:	<u>\$675,588</u>	<u>698,071</u>

Shortfall met by investment

Funds 2018-19: \$251,206