

Board of Directors

Debbie Jewell, Chair (September 2021)
William Reif, Vice Chair (September 2022)
Brenda Mootz, Treasurer (September 2023)
Ruth Howard, Secretary (September 2023)
Millie Reser, (September 2022)
Dave May (September 2022)
Jim Davis (September 2021)
Johni Thayer (September 2021)
Mary Bosch (September 2020)
Mark Adams, (September 2019)

Staff

Kathy Robinson, Director
Timpra McKenzie, Support Services Coordinator
Wendy May, Client Services Coordinator
Jeanne Vodka, Meals on Wheels Coordinator
Lynne Bonnell, Travel Coordinator
Hurley Baird, Food Services Manager
Audrey Barnett, Asst Food Services Manager (to Feb 2020)
Elizabeth Luchini, Asst Food Services Mgr (from May 2020)
Mindy Tilden, Wellness Coordinator
Judy Long, Meals on Wheels II
Karen Krettler, Assistant Cook
June Nice, Assistant Cook, Monitor, Custodian
Beth Millican, Kitchen Utility
Ralene Tennis, Kitchen Utility
Kathryn Levy, Kitchen Utility
Scott Goetchius, Transportation
Frank Hosford, Transportation (since March 2020)
Wade Porter, Transportation
Carol Clark, Assistant Cook, Monitor, Custodian
Howard Brooks, Custodian (to October 2019)

Thank you for your support!

Canby Adult Center Annual Program Report July 2019 - 2020



***Creating a community that embraces
the opportunities and challenges of
older adulthood.***

Prepared for Annual Meeting, September 9 2020

2019 - 2020 Highlights

While COVID-19 significantly changed our operations during the last quarter, the CAC team still had a very successful year.

When a long-time volunteer fitness instructor retired, CAC hired and trained a part-time Wellness Coordinator in July 2019. With her arrival, CAC's fitness offerings changed to include two new, evidence-based exercise classes – Geri-Fit and Better Bones and Balance

Trip offerings continued to grow, to include a group outing to the Islands of New England and the surrounding area in fall 2019.

The Annual Appeal saw its best-ever response, bringing in over \$52,000 to support center programs. That response, together with the receipt of two generous bequests, kept CAC on a stable financial footing throughout the year.

On March 13, CAC leadership was instructed by the county and by the Governor's office, to close its doors to the public in an effort to limit the spread of COVID-19. The CAC team immediately shifted gears to plan for an increase in demand for home-delivered meals and to set up a phone tree to make wellness calls to clients. Dining room clients were encouraged to sign up for home delivered meals – CAC is now preparing and delivering roughly 1000 meals every week to area older adults and disabled.

Employees who normally provide in-person services began making wellness checks by phone, to see if clients needed anything essential from the store or pharmacy. Since March, CAC staff and volunteers have delivered dozens of masks, rolls of toilet paper, hand sanitizer, and other items to our homebound clients.

The Wellness Coordinator took her class online, setting up a modified program that could be done safely at home, as a group, using Zoom for live meetings. Over 20 people take advantage of this opportunity to keep moving. Following the positive response to the Zoom exercise class, the CAC team continues to identify other activities that can be offered live online. All of these actions are taken in an effort to keep the most vulnerable safe at home for as long as possible.

More than ever before, CAC thanks its volunteers, who have continued to give countless hours of support to the meals program, serving in the kitchen and delivering meals to the homebound. Our response to the COVID crisis would look very different without them.

CENTER STATISTICS

| | <u>'18 – '19</u> | <u>'19 - '20</u> |
|----------------------------------|------------------|------------------|
| Meals served to 60+ at Center | 13,736 | 10,211 |
| Meals on Wheels delivered | 26,649 | 33,334 |
| Average donation, congregate | \$1.78 | 1.67 |
| Home-delivered meals | \$1.21 | 1.27 |
| Volunteer hours | 12,644 | n/a |
| Client information and referrals | 1,280 | 1,219 |
| Client assessments (hours) | 104 | 103 |
| Dining room meals donations | 24,263 | \$ 17,006 |
| MOW donations | 32,206 | \$ 40,943 |

Operating budget – income and expense

| <u>Income:</u> | <u>'18 – '19</u> | <u>'19 – '20</u> |
|------------------|------------------|------------------|
| Clackamas County | \$216,505 | 263,180 |
| Donations | 93,953 | 126,943 |
| Fundraising | 81,925 | 80,953 |
| Medicaid | 48,177 | 57,721 |
| Misc | 6,305 | 7,882 |
| Total: | <u>\$446,865</u> | <u>\$536,679</u> |
| <u>Expense:</u> | | |
| Administration | \$58,437 | 56,992 |
| Building | 48,409 | 32,023 |
| Fundraising | 14,310 | 8,604 |
| Programs | 128,228 | 139,903 |
| Staffing | 443,501 | 464,657 |
| Designated funds | 5,186 | 7,697 |
| Total: | <u>\$698,071</u> | <u>\$709,876</u> |

Investment fund 2019-2020:

| | |
|--|-------------|
| Opening balance 7/1/2019: | \$7,314,868 |
| Closing balance 6/30/2020: | \$7,248,386 |
| Board-restricted balance 6/30/2020: | \$6,185,557 |
| 2019-2020 transfers to operating fund: | \$220,000 |